



Veterinary Association of Namibia

OFFICIAL
NEWSLETTER
OF THE VET-
ERINARY
ASSOCIA-
TION OF NA-
MIBIA

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THE MANGA

ISSUE 3 OF 2016

SEPTEMBER 2016

Presidents Desk

From the President's Desk



Any veterinarian in practice has to work with people as much and as importantly as working with animals. At university we got intensive training on working with animals, but very little training on working with people. After qualifying as a veterinarian it is a steep learning curve to get the skills of communication and collaboration with people – this will be easier for some but difficult for others.

Pet owners do not always listen to your advice, or may even get offended by your advice, especially when it is about obesity – a serious health risk and problem seen in companion animal practice probably every day. Many of the owners are actually obese themselves and will not agree that their beloved pet is obese, or they laugh about it and promise to follow your advice; the situation does often not improve with the next visit.

The veterinarian will need to evaluate the perspective of each pet owner. Some clients will do everything possible for their pets health and wellbeing. Unfortunately the cost factor may often be a mitigating factor, therefore it is always imperative to give an estimate of costs if it goes beyond the routine basic procedures. Another client may be reluctant to come to the vet, he only comes because the wife or kids are nagging him to bring the pet – he may be very upset if he has to pay more than N\$ 500.- to have something done for the pet – may be his dad fixed everything on the farm with Terramycin in the good old days. We must give the best possible service within the budget of the client, as long as we discuss this openly with the client at all times of the treatment.

We as veterinarians cannot know or do everything within the profession. We must be honest to the client and tell him that we need to read up on the case, or contact a colleague or refer the client to someone with expertise in a specific field if possible. The client will understand and appreciate this honesty and will not hold it against you.

Practicing as a veterinarian for long hours every day can be very exhausting, physically as well as emotionally, but on the other side also very rewarding. Remember all the positive things you achieved, think of all the animals you helped or saved, possibly the successful surgery done. And also the happy pet owners that appreciate your services. Do not let the negatives build up in your mind, get all the negative things out of your mind as fast as possible. This is important to approach each new day with a fresh and positive mind.

Anselm Voigts

VAN News

Van is delighted to welcome so many new members, they are:

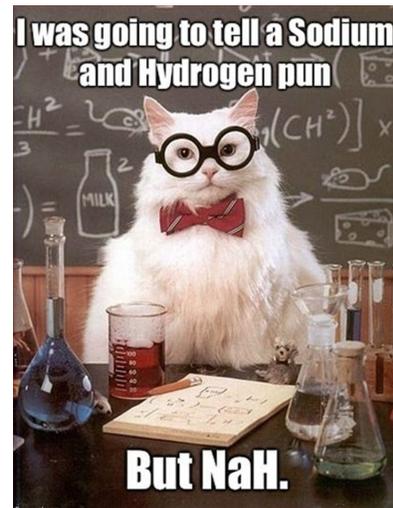
- 1) Estelle Oosthuysen, State Vet Omaruru
- 2) Rumbidzaishe Esther Dzinamarira, Rhinopark Veterinary Clinic
- 3) Erick Kandiwa, UNAM
- 4) Borden Mushonga, UNAM
- 5) Augusta Shigwedha, State Vet Walvisbay
- 6) John Winston Khuwised, State Vet Karasburg
- 7) Franz Adolf Klein, non practicing
- 8) Ivan Letunovsky, non practicing
- 9) Blessing Filda Muza, Genetic breeding services Tsumeb
- 10) Takudzwa Herbert Mutiringindi, awaiting employment at MAWF

Members are encouraged to make use of our website which is updated on a regular basis. The address is www.van.org.na. You can find out more about your Exco members, find announcements for upcoming CPD and Congresses, find relevant legislation and of course, read the Manga.

Some interesting statistics about our website:

- 1) Our website gets around 6500 hits per month
- 2) Top categories entered are Regulations/Acts and **Manga**
- 3) Top searches included: Contact details of private and state veterinarians, salary enquiries, availability of positions offered, bursary enquiries and Namibian Vet Council
- 4) Top countries visiting our website are Germany, Namibia, EU, Russia, South Africa, Switzerland and the UK

The Annual Scientific Congress of the Vet Association of Namibia will take place 27-29 October 2016 at the Swakopmund Hotel and Entertainment Centre.





Veterinary Association of Namibia

Annual Scientific Congress 27-29 October 2016

Swakopmund Hotel and Entertainment Centre

Thursday 27th October 2016

Time	Topic	Speaker
07.30 - 08.00	REGISTRATION	
08.00 - 08.40	Wound management and closing defects with skin flaps	Dr Greg Irvine-Smith
08.45 - 09.30	Recognizing endocrine disorders	Dr Remo Lobetti
09.35 - 10.15	Lameness work ups etc in dogs.	Dr Greg Irvine-Smith
10.20 - 10.25	Dr Beate Voigts - Vice-Chairperson VAN	OPENING OF TRADE EXHIBITION
10.30 - 11.00	TEA / COFFEE	
11.00 - 11.45	ATTENDING COMPANIES	SHORT PROMOTIONAL TALKS
11.50 - 12.35	Cushing's disease	Dr Remo Lobetti
12.35 - 13.00	Presentation by AFSCAN	Dr Gabriel Varga
13.00 - 14.00	LUNCH	
14.00 - 14.10	OBP	
14.10 - 14.40	Besnoitiosis	Dr Alec Bishi
14.40 - 15.20	Management skills	Dr Mats Abatzidis
15.25 - 15.30	BAYER	
15.30 - 16.00	TEA / COFFEE at ENTERTAINMENT CENTRE	
16.30 - 18.30	AGM at ROSSMUND GOLF RESORT	
19.00	EVENING FUNCTION at ROSSMUND GOLF RESORT	

Friday 28th October 2016

Time	Topic	Speaker
07.30 - 08.00	REGISTRATION	
08.00 - 08.50	Communication tips	Dr Mats Abatzidis
08.55 - 10.15	Basic orthopaedics - pins / wires, external fixators for fracture management	Dr Greg Irvine-Smith
10.20 - 10.30	AUAS VETMED	
10.30 - 11.00	TEA / COFFEE	
11.00 - 11.10	IMPILO MEDICAL SYSTEM	
11.10 - 11.50	Hypothyroidism	Dr Remo Lobetti
11.55 - 12.35	Diabetes mellitus	Dr Remo Lobetti
12.40 - 12.50	SCHOOL OF VETERINARY MEDICINE - UNAM	Dr Anna Marais, Associate Dean
12.50 - 13.00	SWAVET	
13.00 - 14.00	LUNCH	
14.00 - 14.10	CIPLA VET	
14.10 - 14.50	GIT surgery	Dr Greg Irvine-Smith
14.50 - 15.30	GDVs	Dr Greg Irvine-Smith
15.30 - 16.00	TEA / COFFEE	
16.00 - 16.10	MSD	
16.10 - 16.40	Rabies control pilot project - overview	Dr. Rauna Athingo
16.40 - 17.10	Rabies control pilot project - preliminary results	Dr. I. Hikufe
17.15 - 17.40	PPR	Dr Frank Chitate
18.30	EVENING FUNCTION at KÜCKI'S PUB	

Saturday 29th October 2016 (HILLS)

Time	Topic	Speaker
07.30 - 08.00	REGISTRATION	
08.00 - 09.15	I'm so stressed, I could!! (it affects our pets health too)	Dr Paolo Pazzi
09.15 - 10.15	Understanding FIP infection	Dr Remo Lobetti
10.15 - 10.45	TEA / COFFEE	
10.45 - 12.00	The Golden Liquid - Getting the most out of that precious urine sample!	Dr Paolo Pazzi (Dr. Guy Fyvie – 15 minutes on urinary nutrition)
12.00 - 13.00	General urinary tract surgery – cystotomy, urolithiasis, urethrostomies	Dr Greg Irvine-Smith
13.00	CLOSING OF CONGRESS. DRAW OF VAN RAFFLE. ONLY THOSE WHO ARE PRESENT DURING THE DRAW WILL STAND A CHANCE TO WIN.	

Case Study: Foreign body in hoof

This 9 year old Arab gelding was severely lame left hind. The leg was swollen from the hoof up. It was decided that he be transported from the farm to the clinic the next day.

Even though he was not trained yet, not even halter trained, he was very nice to work with, he did not try to kick once.

He was started off on Pendistrep and Finadyne injections. The Pendistrep was later replaced by Peni La. His foot was soaked daily in warm water which contained Epsom salt. He also received a Tetanus vaccination in case of a foreign body.

The swelling went down and lameness improved on the medication, but as soon as medication was stopped the leg swelled up again and he had pain.

As we did not want to inject him so much anymore we started giving him Purbac double strength tablets and Previcox. The whole time we continued with the once daily soaking of the foot. Into the second week we took x-rays of the hoof.



The x-rays did not reveal too much. It excluded a metal foreign body. It can be clearly seen that drainage happens via heel. At the heel the hoof started separating.



We then inserted an artery forceps into this separation line at the heel. And to our surprise the whole frog came loose.



It then revealed a 4 cm long wooden stick that was embedded in the hoof, perpendicular. See the above picture where the bleeding can be visualized.

The horse was relieved almost immediately once we removed the foreign body. He was still kept on Purbac for a few more days and his hoof was cleaned properly and bandaged every second day, to prevent dirt from entering the perforation.

He is doing well now and his frog is busy re-growing.





Veterinary Association of Namibia

Dr. Sheperd Sajeni

With great sadness the Vet Association of Namibia heard of the passing of Dr. Sheperd Sajeni.

He not only was a vet association member but also served on Exco for a few years.

He will be missed as a colleague and friend. Many of us referred our surgery cases, especially fractures, to him,

In the endurance riding world he was also very loved and respected.

VAN would like to express their heart felt condolences to his wife and three children He will be dearly missed.

